



Youth Empowered Solutions (YES!) is a nonprofit organization with a mission empower youth, in partnership with adults, to create community change. Our dynamic staff of youth and adults are ready to assist your organization with its youth empowerment needs. YES! provides training and technical assistance in several areas. Look inside to learn more about our services. We are here to serve YOU!

THE POWER OF YES!

SERVICES MENU FOR YOUTH & ADULTS

Want to access our services?
Contact our Executive Director, Bronwyn Lucas, to get started.

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We have offices in Asheville, Charlotte, Durham and Raleigh

ADULTS

- **Recruiting & Retaining Youth for Your Group**
 - Learn techniques to attract youth and keep them engaged!
- **Working with Youth in an Empowering Way**
 - Be a more effective adult ally and learn our keystone empowerment model.
- **Youth Culture 101**
 - Times have changed and so have youth. Get caught up on the latest trends.
- **Social Networking 101**
 - Pokes, tags and news feeds oh my! How to harness the power of online social networking for your youth movement.
- **Dynamics of Race and Gender in Your Youth Group**
 - Scratch beyond superficial understanding and get a grip on a more meaningful conversation on race and gender.
- **More to Meetings**
 - Boring meetings can hinder group motivation & retention. Make the most of time with your youth so that they can make the most of your group.
- **Super Summits**
 - We've done tons of large events and want to pass that hard work to you. If you have a larger event to plan, tap into our experience in formatting youth events.



YES! will customize our trainings to meet *your* specific needs and goals.

YOUTH

- **Health Topic 101 Workshops**
 - Learn current and key facts in an easy-to-understand format on topics such as tobacco use prevention and alcohol and drug use. Contact us for more information on these health topics.
- **Media Advocacy**
 - Media is coming at you from every angle. Learn media techniques, how to unpack the messages and understand what is left out of the picture.
- **Media Literacy**
 - Understand how to use media to promote your ideas to the general public.
- **Civic Engagement & Advocacy**
 - Even if you can't vote, get started on making a difference in your community. We can coach you on all the plays you need to effectively work with decision makers.
- **Diversity**
 - Scratch beyond superficial understanding and get a grip on a more meaningful conversation on race and gender.



**Our trainings are interactive & action-oriented.
You'll leave with confidence and skills!**